

# 2023 12

1.

2.

3.

		Qnet. ar	(Vdaf)	St. d	Mt	Na <sub>2</sub> O+K <sub>2</sub> O	DT
50mm		4800kcal kg	18%	2.5 %	8%	2.5%	1350
		4600kcal kg	18%	4.0 %	---	2.5%	---

1.

5

1000

2

2023 12 25 10

< 1

10

1

2

15

8

3000

2

15

8

5000

20 /

8000

0.02 / .

3.

13%

4.

10

5.

3

6.

10

7.

10

8.

90% 110%

90%

110%

0.002 / .

0.002 / .

9.

0.02 / .

10.

	Qnet. ar 4800 St. d 2.5%	Qnet. ar <4800 Kcal / Qnet. ar 100 0.005 / . 100 Vdaf 18% Vdaf >18% Vdaf 1 0.005 / . Na <sub>2</sub> O+k <sub>2</sub> O 2.5% 0. xxx /	1. 2.5%<St. d 3.0%St. d 0.1 2. 3.0%<St. d 3.5% St. d 0.1 0.1 3. St. d>3.5%St. d 0.1 5 0.1	1 0.1 2	95-110% 90% <-95% -0.002 / . 80% <-90% -0.004 / . 70% <-80% -0.006 / . 60% <-70% -0.008 / . 50% <-60% -0.010 / . 40% <-50% -0.015 / . -0.020 / . <40%
	8000 < 12000 8000 0.02 / . >12000 12000 0.03 / .	1. 2.5%<Na <sub>2</sub> O+k <sub>2</sub> O 3.5% 0.1 2. 3.5%<Na <sub>2</sub> O+k <sub>2</sub> O 4.5% 0.1 3. Na <sub>2</sub> O+k <sub>2</sub> O>4.5% 0.1 20	5 10	5 10	
	Qnet. ar 4600Kcal / St. d 4.0 % Vdaf 18 %	<4600 4.0% Vdaf >18% Na <sub>2</sub> O+K <sub>2</sub> O 2.5%			
	( / . )	(%)	%	Na <sub>2</sub> O+k <sub>2</sub> O	
		18%	2.5%	4800	2.5%

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Qnet. ar 4800kcal St. d 2.5% Vdaf 18% 2.5%